Kansas Adult Care Executives (KACE)

KANSAS ADULT CARE EXECUTIVES

# **Continuing Education Webinar**

## **Keeping Alzheimer's and Dementia Residents Active**

#### and Improving Their Quality of Life

### Presenter: Lisa Ost-Beikmann, Caring Hands Consulting, LLC

#### Tuesday, June 23, 2015 8:30 a.m.—11:00 a.m.

#### **Objectives:**

- To refresh participants' understanding of the progression of Alzheimer's Disease and other diseases that involve Dementia
- To provide participants with the understanding of why it is critical to provide professionally planned and directed activities for residents with Alzheimer's Disease and Dementia
- To provide examples of quality activities programming to meet the needs of residents throughout the facility
- To provide participants with information and resources to keep their residents engaged and maintain their quality of life

**Description:** The primary focus of the webinar will be on programming and activities found to produce the best results for Alzheimer's and Dementia residents. The webinar will begin with a brief review of Alzheimer's and Dementia disease progression and a discussion of the importance of professionally planned and directed activities. However, the bulk of the webinar will expand on examples of activities, techniques, and resources to develop activity programs for Alzheimer's and Dementia residents. The webinar also will provide guidance on different levels of activities programming for the varying needs within facilities.

#### More About the Presenter:

Lisa is nationally certified as an Activity Professional, Activity Consultant, Dementia Practitioner, and she is a Certified Alzheimer's Disease & Dementia Care Trainer. She spent her high school years working as a Certified Nurses Aid and 30 years later returned to her hometown where she accepted the Activity Director position. She completed several years of training, spent time on committees, and as a volunteer for the state and national activity conferences while becoming certified. She has held the position of Education Outreach Trustee for the National Association of Activity Professionals since June 2012. This role requires her to recruit, organize, and lead bi-monthly webinars in areas of interest and continuing education for the membership. Lisa has become involved with the Kansas Task Force and CMS to help reduce the use of anti-psychotic drugs. She enjoys working as a consultant for area retirement homes, providing in-services, speaking to communities and educating on Alzheimer's and the Dementias at a state and national level. Lisa opened her business, Caring Hands Consulting, LLC in July, 2012.

#### **Continuing Education Credit**

**Operators and Administrators**: Approved for three continuing education clock hours in the area of resident care. HOC Credentialing Approved Provider number LTS A1427.

Nurses : CNE's will be available for nurses.

# WEBINAR REGISTRATION FORM

# "Keeping Alzheimer's and Dementia Residents Active and Improving Their Quality of Life"

Webinar - Tuesday, June 23, 2015 (8:30 a.m. to 11:00 a.m.)

Registration Fee: \$50 per person for KACE members and staff members in their building \$65 per person for non KACE members

Facility or Personal Address		
	State Zip	
Facility or Personal Phone Number	Email Address	
Participant Name(s)	Type of Lic. & License Numbers(s)	Webinar Fee (\$50 or \$65 per person)
	Total Amount	: Enclosed \$
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Registered participants will receive detailed webinar information by June 16.



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No refunds will be given for cancellations. Substitutions are welcome.